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USE PROBLEM-SOLVING TECHNIQUES IN SCHOOL GYMNASTICS

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ABSTRACT

Practical teaching of problematic situations to students in order to make gymnastics more interesting in the conduct of physical education classes in schools, the scientific and theoretical analysis of the importance of the educator in their solution. The main purpose of physical education is to provide the younger generation with a series of physical education tasks. The everchanging social situation requires professionals to conduct research to increase the effectiveness of the organization and mastery of education, the physical development.

KEYWORDS: Problem, Situation, Sport, Lesson, School, Students, Lesson, Practice, Case.

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