

**HOW TO USE INTERACTIVE METHODS IN DIDACTIC PROCESS IN
TEACHING THE SUBJECT OF “THE TEACHING TECHNIQUES OF THE
TYPES OF NATIONAL WRESTLING”**

Qaxramon Polvonovich Arslonov*

*Docent,

Bukhara State University,
UZBEKISTAN

Email id: arslonov_umail.uz

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ABSTRACT

The article is about the types of National Wrestling and how to teach it practically at schools. The method is a way of organizing educational activities. The subject: The types of national wrestling and “teaching its technology” studies the interaction between a teacher and a student. If these interactions are organized properly, the effectiveness in the system of education will be achieved either. The teaching methods are divided into two Passive. As professor N. Sayidakhmedov mentioned: “If teach method is used properly, it will actually be an active method. If pedagogical technologies are used in proper way the target will be achieved.

KEYWORDS: Method, Physical Preparation, Learners, Symbols, Psychological Problem, National Wrestling.

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