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## A REVIEW STUDY ON EFFECTS OF AIR POLLUTION ON THE SKIN

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### ABSTRACT

*The extension of air pollution has had major effects on the human skin over time. UV radiation, polycyclic aromatic hydrocarbons, volatile organic chemicals, oxides, particulate matter, ozone, and cigarette smoke all have an impact on the skin, which is the body's outermost barrier. By causing oxidative stress, air contaminants harm the skin. Although human skin serves as a biological barrier against prooxidative chemicals and physical air pollutants, long-term or repeated exposure to excessive amounts of these pollutants may have serious consequences for the skin. Extrinsic skin aging and skin malignancies have been linked to UV radiation exposure. Cigarette smoke causes accelerated aging as well as a rise in the prevalence of psoriasis, acne, and skin malignancies. It's also linked to allergic skin disorders including eczema and atopic dermatitis. Extrinsic skin aging, pigmentation, malignancies, and acneiform eruptions are all linked to polycyclic aromatic hydrocarbons. Atopic dermatitis has been linked to volatile organic chemicals. Given the rising levels of air pollution and its negative effects on the skin, it is prudent to use air pollution reduction measures.*

**KEYWORDS:** *Ozone, Pollution, Polycyclic Aromatic Hydrocarbons, Skin, Ultraviolet Radiation.*

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